



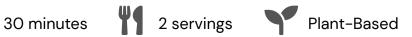
Loaded Mexican Nacho Wedges

Spiced sweet potato wedges loaded with a delicious black bean and corn salsa, finished with fresh avocado, jalapeño and coriander.



2 June 2023





Make guacamole!

You can mash the avocado with lime to make guacamole for this dish!

TOTAL FAT CARBOHYDRATES

FROM YOUR BOX

SWEET POTATOES	600g
SHALLOT	1
CORN COB	1
TINNED BLACK BEANS	400g
SALSA	1 jar
AVOCADO	1
LIME	1
JALAPENO	1
CORIANDER	1

FROM YOUR PANTRY

oil for cooking, salt, pepper, smoked paprika, ground cumin

KEY UTENSILS

oven tray, frypan

NOTES

You can use ground coriander instead of ground cumin if preferred.





1. ROAST THE SWEET POTATO

Set oven to 250°C.

Cut sweet potatoes into wedges and toss on a lined oven tray with 1 tsp smoked paprika, oil, salt and pepper. Roast for 20-25 minutes until cooked through.



2. SAUTÉ THE VEGETABLES

Heat a frypan over medium-high heat with oil. Dice shallot and remove corn from cob. Add to pan along with 1/2 tbsp cumin (see notes). Cook for 3-4 minutes until softened.



3. SIMMER THE BEANS

Drain and add black beans to pan along with 1/2 jar salsa. Cook for 5 minutes. Season with salt and pepper to taste.



4. PREPARE THE TOPPINGS

Slice avocado and squeeze over juice from 1/2 lime (wedge remaining). Slice jalapeño and roughly chop coriander.



5. FINISH AND SERVE

Remove tray of sweet potatoes from oven, cover with black bean topping. Dollop with remaining salsa. Scatter fresh toppings on top and serve with lime wedges.





How did the cooking go? We'd love to know - help us by sharing your thoughts! Go to the My Recipes tab in your Profile and leave a review! Text us on 0481 072 599 or send an email to hello@dinnertwist.com.au